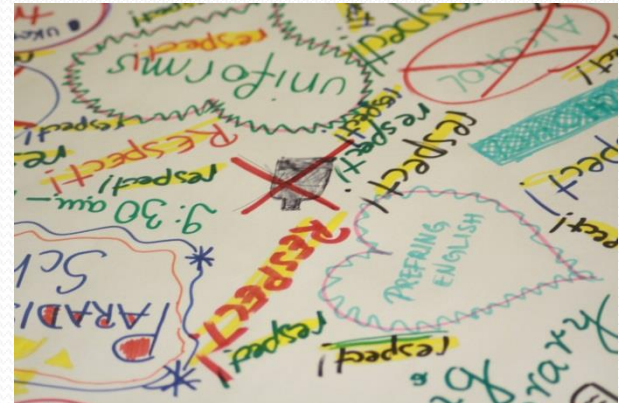




# Hear Our Voice and Heads Up

- Young People and Mental Health project
- Work with young people up to 25
- Whole school (or organisation) approach
- Bridges the gap before and after CAMHs
- Supporting with transitions



# Child and Adolescent Mental Health Services (CAMHs)

## *Young People's Board*

- 75% of board members have had previous or current involvement with CAMHs
- Evolves as young people see fit
- Gives a platform for young people to shout about what *they* care about
- Hold open doors to decision makers, and holds them accountable

# CYPB Achievements 2012-13

- CAMHS Needs Assessment & Strategy Consultation
- Young people trained NHS and local authority professionals on successful 'transitions'.
- 'Where's Your Head At?' Conference
- CYPB members are now young commissioners!
- Film making project to mark World Mental Health Day – October 2013
- 'Mind Your Way' website  
<http://www.mindyourway.co.uk/index.php>



# HeadStart Kernow

## Building Emotional Resilience

- Cornwall has been chosen as one of 12 partnerships across the country
- Working with 10-14 year olds to build emotional resilience
- Young People Cornwall the lead on young people's participation for the bid
- Have worked closely with various organisations across Cornwall

Thank you. Merci. Danke.  
Salamat. Gracias. Shukran.  
Hvala. Tak. Kiitos. Efcharisto.  
Toda. Shukriya. Dziekuje.  
Asante.

<http://vimeo.com/95951582>